

Corinne Heath: Choreographer

Total Time: approx 3'32" Tempo 120

Page 1

Kirsten

Dancing Through Time

Choreographer's Sketchbook

Choreographer: Corinne Heath

Kirsten Dances: 1. German to waltz 2. Waltz called

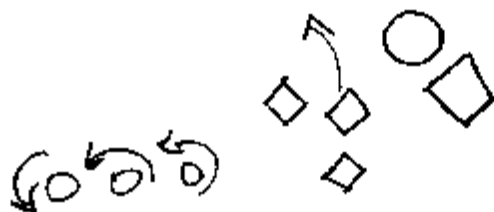
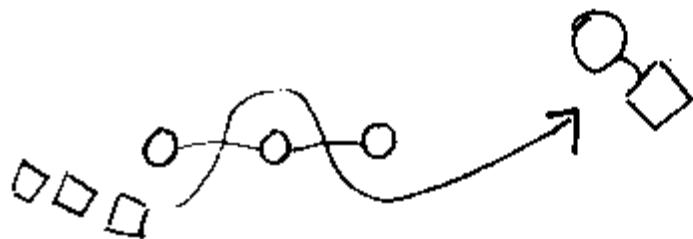
a Spanish 3. German to Polka 4. Polka Quadrille

5. Swedish Dance Dancers: 1 Man 1 Woman 3 Girls 2 Boys

Meter	Approx. Seconds	Dancers: 1 Woman, 1 Man, 3 Girls, 3 Boys Dancer Counts	Segment	Description	Music Measures
3/4	① 22	2(8)	Intro Dancers Enter	Greeting + Salutations	16
3/4	② 22	2(8)	German to Waltz Music	Party Game to choose partner	16
3/4	③ 45	4(8)	Waltz called a Spanish	Waltz in Square Figure	32
3/4	④ 14	4(8)	German Intro to Polka	Dancers prepare	16
2/4	⑤ 15	4(8)	4(8) Polka Polka Music	Party Game to choose partners	16
2/4	⑥ 30	8(8)	4(8) Side Foot Tap Polka Quadrille	Polka in Figure	32
3/4	⑦ 15	2(8)	Swedish Dance	Circles, chains hop steps	16
3/4	⑧ 18	2(8)	All dancers exit in chain figure	Looks like a tightly knit family	16

□ = Man ○ = Woman ○ = Girl □ = Boy

① Intro 1(8)
1(3) 2(3) 3(3) 4(3)



5(3) 6(3) 7(3) 8(3)



Dancers enter stage
Woman and man

linked arms
Girls hold hands
in chain.

Boys break
chain by running
through girls
arms.

Girls twirl.

Boys bow and
greet adults.

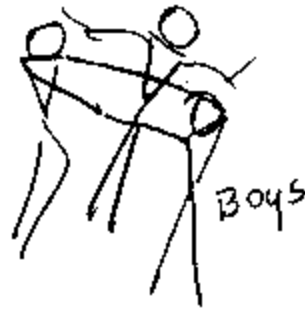
Girls curtsy and
greet adults.

2 boys "imprison"
1 boy between
arms

2 girls circle
around one
girl

① Intro 2(8)
1(3) 2(3) 3(3) 4(3)

Man + Woman
waltz together



Boys rock
center boy

Girls circle
center girl



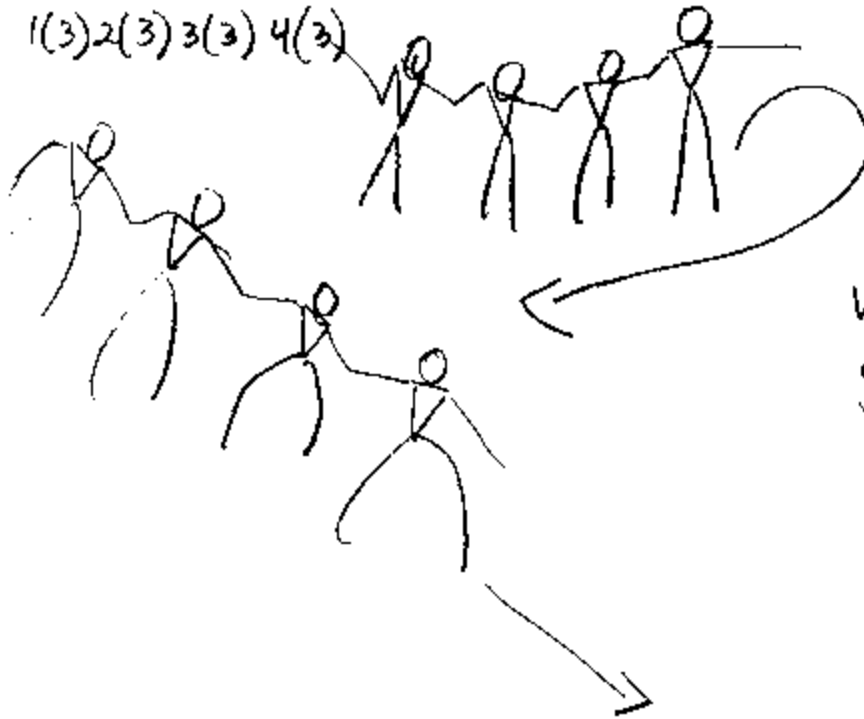
5(3) 6(3) 7(3) 8(3)

Boys "throw" boy
towards girls
Girls push
girl out
towards boys
Boy + Girl
meet
in
center



② German to Waltz Music 1(8)

1(3) 2(3) 3(3) 4(3)



Man gets boys into chain

Woman gets girls into chain

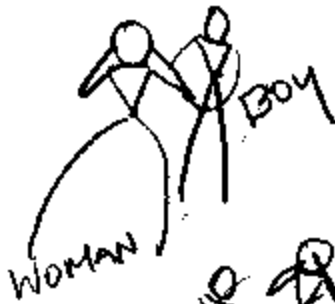
5(3) 6(3) 7(3) 8(3)



Woman puts girls in diagonal line with hands over eyes and herself joins line

Man + boys weave between them to find partner

② German to Waltz Music 2(8)
 1(3) 2(3) 3(3) 4(3)

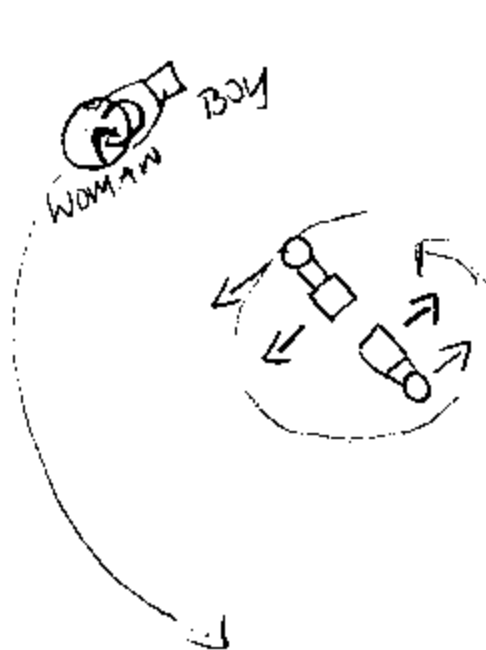


Man + boys
 find partner,
 touch her
 right elbow
 so she turns
 to right.
 (clockwise)
 and takes
 hands off
 eyes to
 "find"
 partner

5(3) 6(3) 7(3) 8(3)

③ Waltz called Spanish 1(8)

1(3) 2(3) 3(3) 4(3) 5(3) 6(3)

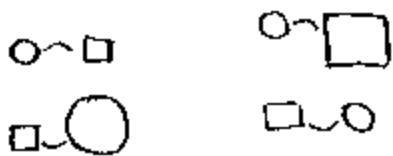


Woman/Boy
Man/Girl
do whirling
waltz.
(clockwise
around self;
counterclock-
wise around
room)

MAN GIRL

2 girl/boy
Couples do
"quadrille waltz"
in center

7(3) 8(3)



(In waltz men begin
left and women
begin right)

Couples form
two squares

③ Waltz called Spanish
1(3) 2(3)

2(8)

Couples waltz towards each other and back holding



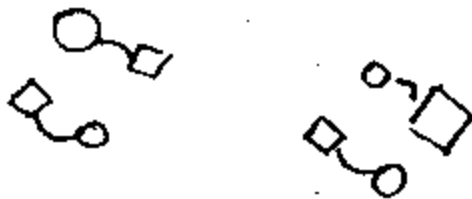
B 3(3) 4(3)
(turn) (open)

Dancers take both hands of opposite person + make half turn



turn clockwise

exchanging places. Man and boy's let go of left hand and continue to hold partner by right hand and face new direction



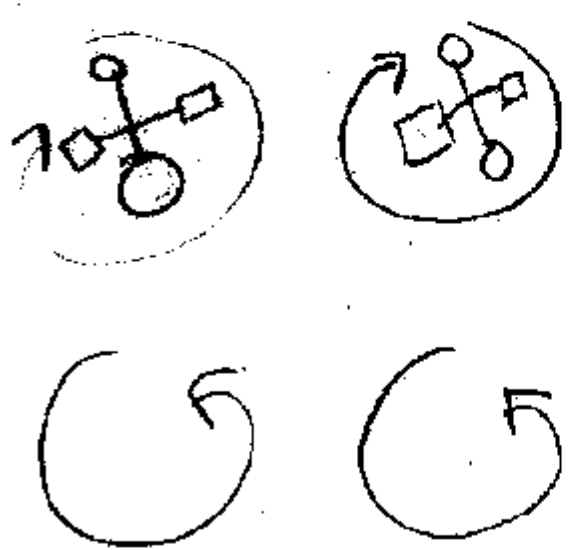
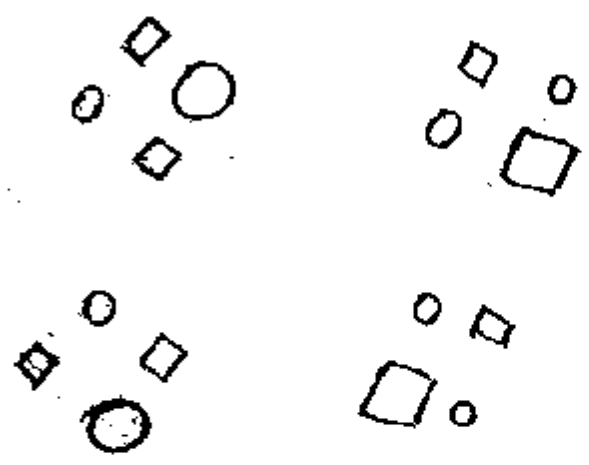
Each Woman/girl face new Man/boy
REPEAT A

5(3) 6(3)

REPEAT B

7(8) 8(3)

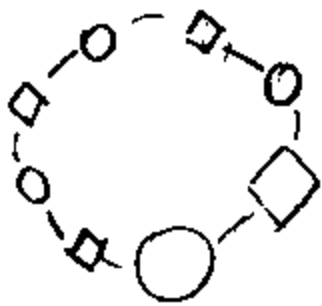
③ Waltz called Spanish 3(8)
 1(3) 2(3) 3(3) 4(3) REPEAT A, B
 5(3) 6(3) 7(3) 8(3) REPEAT A, B



4(8)
 Moulinet (star)
 Men/boys give each other right hand on top
 Woman/girls give each other right hand on bottom
 Circle clockwise 4(3)'s
 Circle counter clockwise 3(3)'s
 On 4(3) make one big circle

④ Intro to Polka 1(8)

All make
circle

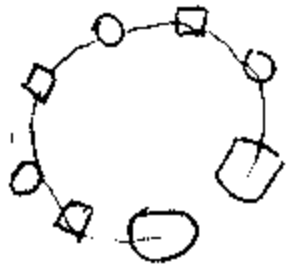


1(3) 2(3) 3(3) 4(3)



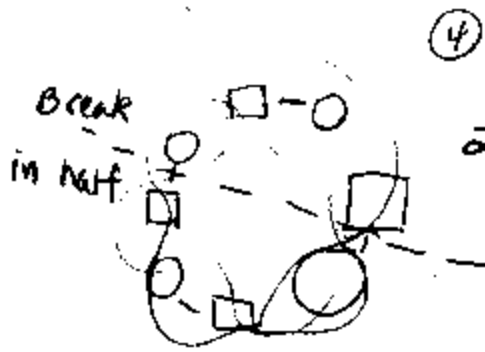
All move toward
center of circle
arms up in
arches

5(3) 6(3) 7(3) 8(3)



All move away
from center
arms extended

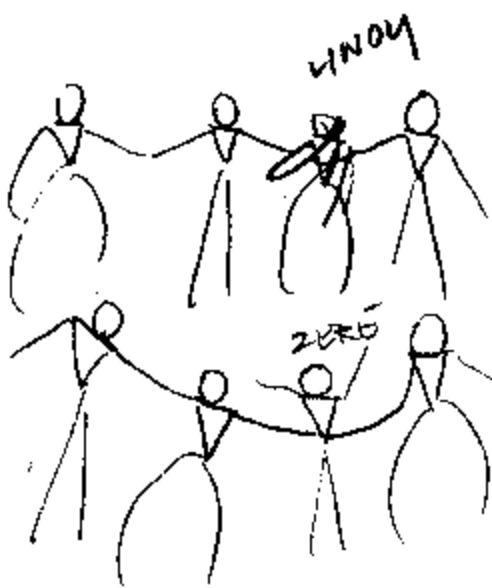
FACE
PARTNERS



④ Intro to Polka
2(8)

Face partners
and do
Grand Hey

3(8) Continue Hey
On count 7 and 8
All face center
4(8) Break circle in
half



One boy and one girl are "chosen"
A chain is formed behind their back and they are pushed into circle
Girl puts one hand over her eyes the other hand points to find the boy. The boy skips around circle to avoid her.

⑤ German to Polka Music

4(8)'s



Outside circle
takes hands
and step, hops
in place.
The girl in the
center tries to touch
the boy.



The boy skips
around the
outside of
the circle
Come in through
an arm arch
and the girl
touches him.
They become
partners
All take
partners and
polka.

⑥ Polka Quadrille
1(8) 2(8)

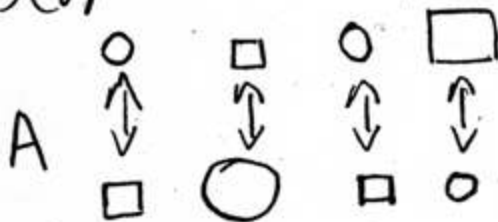
Couples polka
for 2(8)'s

3(8) 4(8)

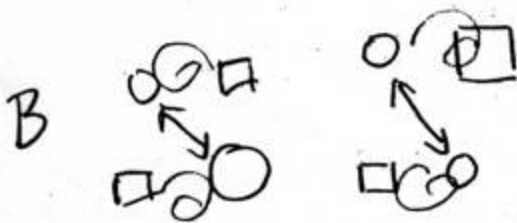
LAST GALLOP
TO PLACES

Couples gallop
for 2(8)'s
ending in
quadrille
position
(same as opening
position of
Waltz (Spanish))

5(8)



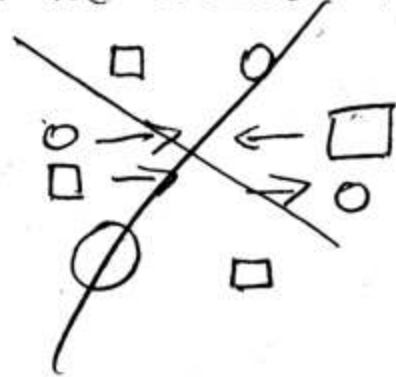
6(8)



Set to partners
and back
Corner ladies
right hands
across

Give left hand, make
circle with gentleman
on same side
(Everyone else
step hops
in place)

⑥ Polka Quadrille
7(8)

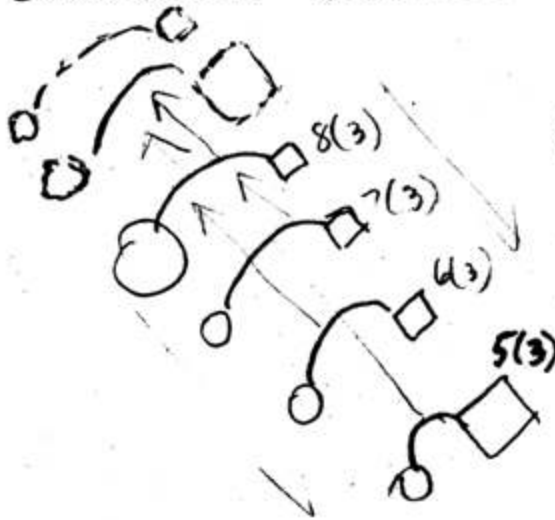


8(8)

Repeat A except
Top and
bottom
couple set
to each other
& back. Others
step hop
in place

REPEAT B

⑦ Swedish Dance
1(8)

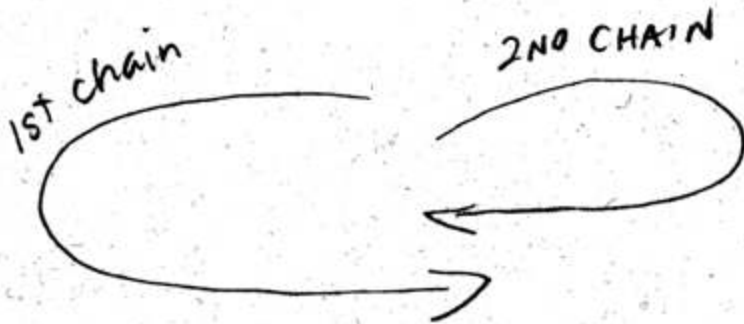


Couples make
arches 1st couple
goes through
and reforms
arch at bottom
all couples
follow
Arches "scoot"
to top

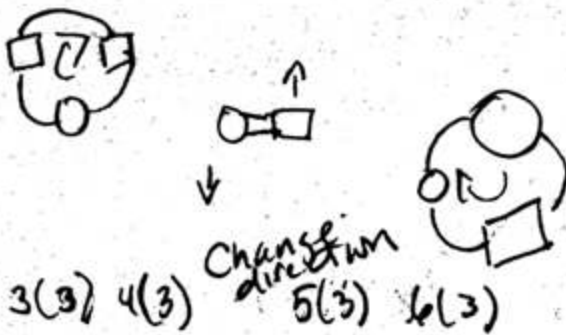
⑦ Swedish Dance
2(8)



4th Couple forms chain
next couple follow
Next couple to go through arch form chain



⑧ EXIT
1(8)
1(3) 2(3)



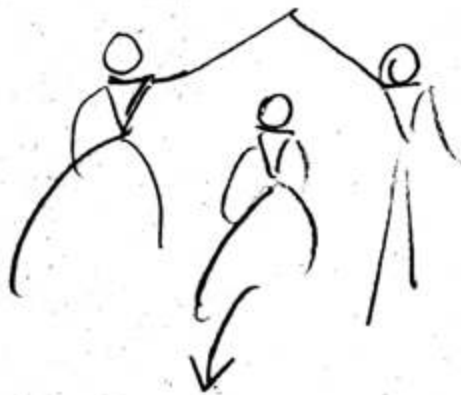
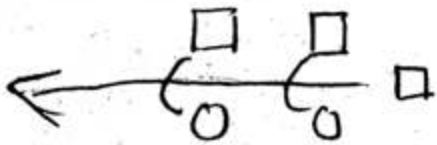
7(3) 8(3)

Dancers make groups
1) Man, Woman Girl
2) girl, boy
3) boy, girl, boy

Waltz in circle

Drop hand
make circle around self, clapping

⑧ EXIT
2(8)



Boy, Girl make arch
Another boy, girl
make arch
boy exits through
arches
boy, girl exit
through last
arch
Remaining boy, girl
exit.

Man, woman, girl
trio make
circle go into
circle 1(3) out
2(3)
3(3) 4(3) girl
goes through arch

5(3) 6(3) 7(3) 8(3)

Adults take girl's
hand — exit

Kirsten Dance Music: Timings and Form

Barbara Chusid
Revised as of 9/3/98

Tempo: 120 beats per minute.

1. Intro. 24 seconds. Dancers enter. 16 bars of 3/4 time. **speaking.**
2. German to Waltz music. 24 seconds. 16 bars of 3/4 time. **speaking.**
3. Waltz (Spanish). 48 seconds. 32 bars of 3/4 time. **no speaking.**
4. Intro to Polka/German. 16 seconds. 16 bars of 2/4 time. **speaking.**
5. German to Polka music. 16 seconds. 16 bars of 2/4 time. **speaking.**
6. Polka Quadrille. 32 seconds. 32 bars of 2/4 time. Liveliest moment in the music. **no speaking.**
7. Swedish Dance. 24 seconds. 16 bars of 3/4 time.. **speaking**
8. Exit in Family Chain. 27 seconds. 16 bars of 3/4 time, slight ritard at end. **speaking.**

Total time: ~ 3:32